

# HOW TO HELP

MONETARY DONATIONS, HELP WITH LOCAL CO-ORDINATION OF TRAVEL AND LODGING, THERE ARE MANY WAYS:

## PLANNED PARENTHOOD

<https://www.plannedparenthood.org/>

The Grandmother of them all: abortion, birth control, cancer, emergency contraception, gender identity, health and wellness, pregnancy, sex and relationships, sexual orientation, sexually transmitted infections (STIs).

## THE BRIGID ALLIANCE

<https://brigidalliance.org>

The Brigid Alliance books, coordinates, and pays for travel, travel expenses, and childcare, serving as a single, trusted point of contact for every step of the journey. The costs and logistical challenges of getting to an abortion provider have created primary barriers to access to abortions. Wherever someone needs to get to abortion care in the U.S., we find a way to get them there!

## INDIGENOUS WOMEN RISING

<https://www.iwrising.org>

Indigenous Women Rising is committed to honoring Native & Indigenous Peoples' inherent right to equitable and culturally safe health options through accessible health education, resources and advocacy.

## NATIONAL NETWORK OF ABORTION FUNDS

<https://abortionfunds.org/about/>

The National Network of Abortion Funds builds power with members to remove financial and logistical barriers to abortion access by centering people who have abortions and organizing at the intersections of racial, economic, and reproductive justice. This organization can link individuals with local organizations.

## WRRAP (WOMEN'S REPRODUCTIVE RIGHTS ASSISTANCE PROJECT)

<https://wrrap.org/about/>

WRRAP assists women and girls of all ethnicities, sexual orientations, gender identities, and cultural backgrounds who are financially unable to pay for safe, legal abortions or emergency contraceptives. We provide funds directly to pre-screened, pre-qualified health clinics and doctors across the nation on behalf of women in need of abortion services or emergency contraceptives. WRRAP does not ask for repayment of funds.

## ARC SOUTHEAST

<https://arc-southeast.org>

We provide funding and logistical support to ensure Southerners receive safe and compassionate reproductive care including abortion services. Through education and leadership development we build power in communities of color to abolish stigma and restore dignity and justice. We envision a world where all Southerners have full access to care and support around their reproductive health decisions without biases or barriers.

## NORTHWEST ABORTION ACCESS FUND

<https://nwaafund.org>

The Northwest Abortion Access Fund is an abortion fund serving Washington, Oregon, Idaho, and Alaska. Trained, compassionate volunteer advocates run our toll-free hotline. We help people pay for their abortion care by sending funding directly to the clinic. We also help people get to and from the clinic. And we make sure people traveling for care have a safe place to stay.

## MIDWEST ACCESS COALITION

<https://www.midwestaccesscoalition.org>

At Midwest Access Coalition, we believe everyone should have access to safe, free, legal abortions wherever they live. If you're seeking abortion assistance, we can help with travel, lodging, food, and more. Midwest Access Coalition (MAC) is a practical abortion fund that helps people traveling to, from, and within the Midwest to access a safe, legal abortion.

## NATIONAL ABORTION FEDERATION

<https://prochoice.org>

The mission of the National Abortion Federation is to unite, represent, serve, and support abortion providers in delivering patient-centered, evidence-based care.

## DR. TILLER PATIENT ASSISTANCE FUND (NAF)

<https://prochoice.org/donate/tiller/>

The NAF Hotline Fund will continue to help patients get the care they need, even if they need to travel out of their home state. Many of the patients we support can't travel without significant financial assistance, and we need your help to continue ensuring abortion access. You can help patients by donating to the Dr. Tiller Patient Assistance Fund to help cover travel-related expenses. Every dollar we raise goes directly to patients who need help traveling or affording travel-related expenses in order to obtain their abortion care.

## JUST THE PILL

<https://www.justthepill.com/>

For those who live in Colorado, Minnesota, Montana, Wyoming—we do not require in-office visits; book your appointment by phone or computer for your sexual and reproductive healthcare needs. Medication that is safe, convenient, and mailed to your home. Whether you're looking for birth control, abortion pills, or sexual infection treatments, we got your back!

# HOW TO CONTACT OFFICIALS

## STATE REPRESENTATIVE, 37TH MIDDLESEX DISTRICT

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## STATE SENATOR, MIDDLESEX AND WORCESTER DISTRICT

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### The Honorable Kamala D. Harris

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# HOW TO TALK TO KIDS

## American Library Association

Tough topics booklists



## Planned Parenthood

Resources for parents



## NPR

How can you talk to kids about abortion? Here are some tips  
July 23, 2022



Use your phone camera to scan the qr codes to access the links.